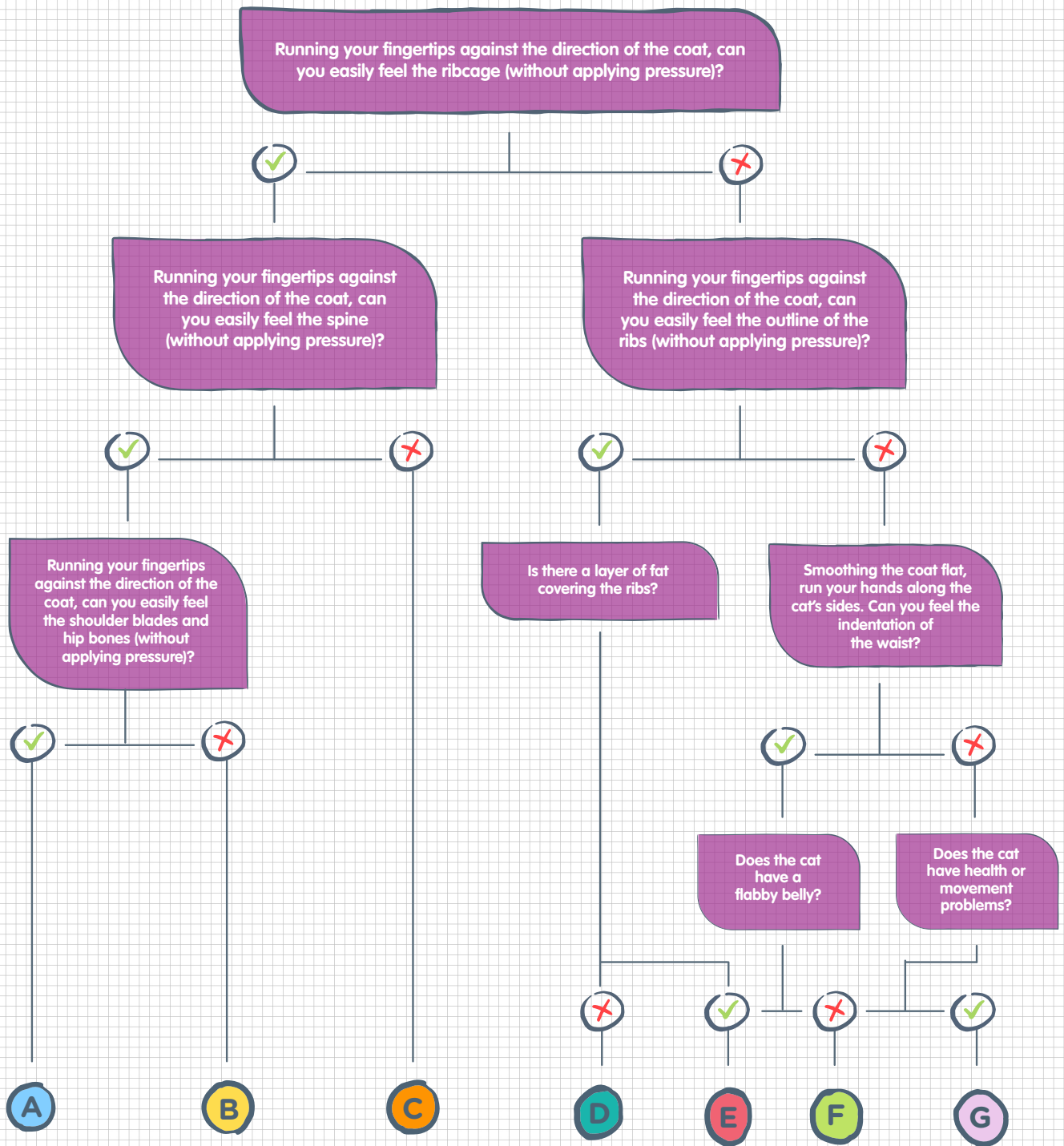


WALTHAM™ S.H.A.P.E. guide



A EXTREMELY THIN
Your cat has a very small amount of body fat.
Recommendation: Seek veterinary advice promptly

B THIN
Your cat has only a small amount of total body fat.
Recommendation: Seek veterinary advice to ensure your cat is offered the appropriate amount of food. Reassess using the S.H.A.P.E.™ chart every 2-weeks.

C LEAN
Your cat is at the low end of the ideal range, with less than normal body fat
Recommendation: Increase food offered by a small amount. Monitor monthly using the S.H.A.P.E.™ chart and seek veterinary advice if no change.

D IDEAL
Your cat has an ideal amount of total body fat.
Recommendation: Monitor monthly to ensure your cat remains in this category and have him/her checked by the veterinarian at your next visit.

E MILDLY OVERWEIGHT
Your cat is at the upper end of the ideal range with a small amount of excess body fat.
Recommendation: Seek veterinary advice to ensure your cat is offered the appropriate amount of food and try to increase activity levels. Avoid excessive treats and monitor monthly using S.H.A.P.E.™ chart.

F MODERATELY OVERWEIGHT
Your cat has an excess of total body fat.
Recommendation: Seek veterinary advice to implement safely an appropriate weight loss plan including increasing activity levels. Reassess using the S.H.A.P.E.™ chart every 2 weeks.

G SEVERELY OVERWEIGHT
Your cat has a large amount of excess total body fat that is affecting its health and well being.
Recommendation: Seek veterinary advice promptly to introduce a weight loss plan to reduce your cats weight, increase activity levels and improve health.